

THE INFLUENCE OF THE PARENTAL MODEL ON THE COUPLE RELATIONSHIP

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This article addresses the influence of the parental education model on the young family and the couple's relationship. The example of the parents, or the way the parent perceives their parents, the way they are involved or over implicated, influences not only the self-esteem,

but also the ways of assigning responsibility, the ability to make their own decisions, understood as means of emotional and behavioral self-regulation. These are consequences of both the couple and their relationship with the families from which they come. In essence, it is important to understand that the tensions and problems with the parents negatively influence the partner relationship and on the other hand the good understanding with the family positively influences this relationship.

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